

# Still hurting from an abortion experience?

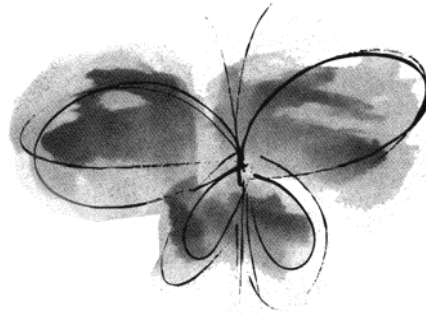
**Do you feel a sense of loss?**

**Have feelings of despair?**

**Suffer emotional, physical or spiritual problems?**

**Experience guilt and feel distant from the Church?**

At Project Rachel, specially trained counselors and clergy understand how you feel. With God's grace, they can help you move beyond the hurt and look forward to healing.



## Project Rachel

Hope & Healing After an Abortion

### Project Rachel Provides:

- 📍 **Post Abortion Counseling**
- 📍 **Healing from the Pain of Abortion**
- 📍 **Reconciliation**

Sponsored by:  
**Bishops' Pastoral Plan for Pro Life Activities**



Archdiocese of Omaha  
Diocese of Lincoln  
Diocese of Grand Island

**Project Rachel**  
489-2249  
[www.hopeafterabortion.com](http://www.hopeafterabortion.com)

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